# A close up of a sign  Description generated with very high confidence

# Working Weeks

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In *The Recipe for Success* (2009), hundreds of high earners were interviewed and the author identified 10 characteristics to gain success. She termed these as the “tenth graft”, by which she means putting in the hours.

* A student that does not study outside the classroom = approx. 23 hours per week lesson time.
* A student that completes all homework in addition to lesson time = 35 hours per week
* A 9 a.m. to 5 p.m. job = 40 hours per week
* The average UK worker = 43 hours per week

**Task: What does a working week look like?**

|  |  |  |
| --- | --- | --- |
| Start the day at: | Take a lunch break from/to: | Go home at |
| A fifty hour working week: |  |
| Start the day at | Take a lunch break from/to | Go home at |

A forty hour working week:

**Review your working week**

How many hours are you putting in for your studies? How do you compare to your parents, or to the average UK worker?

**Plan where you could get some extra hours from.**